



OKANAGAN REGION SKATE CANADA - BC SECTION

OKANAGAN REGION-BC/YT SECTION SKATE CANADA
2022 SINGLES SEMINAR - 'FALL PREP CAMP'
HOSTED by KSC Centre of Skating Excellence & the Okanagan Region -BC/YT
Moderated by Jason and Karen Mongrain

Jason and Karen Mongrain are International level coaches based at the Kelowna Skating Club and Centre of Excellence, a top producing training center in Canada.

As a team, Jason and Karen possess exceptional technical and artistic skills, and a clear understanding of grassroots and competitive skater development. They have coached and choreographed for BC and Yukon Provincial Champions, Canadian National Champions, and International medalists.

Over the past 13 years, they have coached over 90 BC and Yukon Sectional medalists, including over 30 champions from the Juvenile through Senior levels. In this time, they also coached 11 different female skaters to 22 Canadian National level medal wins, including 7 champions.

Saturday September 24th, 2022 CNC, Kelowna, BC
For Skaters (*Coaches Welcome to observe*)
STAR 5 - Gold & Pre-Juvenile - Senior

To Register:

Fill out the below google form and bring payment via cheque or cash to the check in desk at the seminar.

https://docs.google.com/forms/d/e/1FAIpQLSdZxirwd7fMKBwEozIDo_1-Ub_1z-i6rocV-E2R2fQWUymTBw/viewform?usp=sf_link

Cheques payable to: Kelowna Skating Club

Registration Deadline is Saturday, September 16th, 2022

NO REFUNDS WILL BE GIVEN AFTER THE DEADLINE DATE

Please Note:

- Bring suitable shoes for Off Ice classes
- Confirmation/Schedule will be sent by email
- Seminar is 9:00am to 1:00pm, subject to change